Are you going to notify the Park authorities? where you are going.

(What I'm afraid of is they are going to say, We don't want you to get off the trail, and then . . . I want to get off.)

I think with as large a group as you are you don't have to worry about getting appendicites or any thing like that. But I knew a woman once who got appendicites and had to be carried out a long ways, and I thought if I was a week's walk from anybody and that would happen, it would be miserable. So I asked a doctor to give me a little morphine to take along. I took it along, and it's hanging on a tree out there to this day. You might find it **XXX** on one of the trips I'll mention to you. But later a different doctor gave me dema ??? So I explained the purpose and I carried it but never used it. If one of you were to get terrible pains so you couldnot walk, it could be a great help. If you have a doctor you could explain the situation to . . .

When I got that demoral I was given the perscription in Phila. but I was leaving that night to work on the Scofield Committee in Chicago, so I did not get it filled here. In Chicago I went et to the druggist and he said, O youve got to have a perscription by a an Illinois physician. Then I was in Wyoming over Sunday and I went to a drug store and they would not fill it, and I went to Utah and they would not fill it. So you have to get it in the state where you have the perscription. But I think it is a useful precaution, though I have never had to use it. I think it is useful to have on a trip like this. Of course 6 days is not so bad.

I was going to ask whether you wanted a long level walk or whether you thought of a lot of up and down. From what you say you'd just as soon have a lot of up and down.

(Oh, yes, we like variety. We like something difficult to tackle. Something with a challenge.)

In that case what I would recommend would be. Now there are two I would think of. I had one in mind if you would prefer something that was cooler, and, well let me mention this anyway.

Here is the western part of the Canyon. Here is an old road and this connects . . . What I did was I started at the south rim. I walked across the Canyon to the north rim. Then I walked over a trail to a place called Canna ?? Spring. From there is a dirt road 5 mile out to a point called Point Oublime, one of the finest things in the whole Canyon. Then a Iwalked back to there again, and then I went out on this road here. But on a later trip somebody drove me in a car, so if you want it on the north rim you could drive right here to Swamp Point probably, if it's like it was 20 yrs. ago.

If you went here. The great advantage of it is you have a tremendous variety of possibilities. From Swamp Point here.... are you familiar with these topographic maps? I forget whether they are 50 ft. or 100 ft. contours, but you can see how this is fairly level here. Then here is a steep drop down about 1500 feet!