emotions, we find them. But the Holy Spirit can and will solve the problem on- in the light of the Lord Jesus Christ, if we come to Him and have Him do it. I heard about a doctor who had a man come to him and he had an awful misery in his neck, and he just could not move ... he was just miserable, and the doctor tried to help him and examined him and he could not find physical cause for it, and son he wondered if there was something aoub- about it then, and he began to talke to the man, and asked-him- asking him who all had been in his home, and so on, and he found fou out that his wife's brother was staying with them, and the brother-in-law was evidently a fellow who just sponged off them, and did not do really much himself, but was a rather lazy ... sort of a fellow, and oh, he said, that fellow is just a pain and- in a neck. Then the psychitrist said, that is where your pain in the neck ecom- comes from. He said, you are agitated about him that it is giving you this pain and misery. Now, the doctor said to the-patinet patient, you tell the fellow to get out and take care of himself, and get rid of him, and he did, and the pain in his neck disappeared. Now, we cannot do that. There are situations which we put out- up/often, which there is no need of putting up with. We can cleqr up and can get rid of them as he did that, but all of us have great many situations which we cannot clear up and- but which have... which are just burdens to us, they press upon/aus -- us and injure us, and we can look to the Holy Spirit to bring our feelings about those situations andthe furface to-a-certain-extent to a certain ,,, where we see them and understand them -feeling and- what they are and ask Him- ourselves, Am I justified in this!? Maybe it is myself selfishness that is leading me to this feeling. Maybe I can look at it as an opportunity to serve the Lord, and bring it to the foot of the cross and get rid of it, and it won't have that feeling upon us. Maybe it is something we can rejoice, -and -- in, and we can bear tribulations for the sake of the Lord and honor Him by it instead of just trying to ignore it and getting it mepressed deeper and deeper into our consciousness and until we get to the point where we perhaps find ourselvesin- in need of professional help. But here is this p tremendous truth which is so vital for the life of everyone who wants to live a wholesome and