at Faith, and we would refer to what we used to do at Westminster and refer to certain things at Westminster that we wanted to follow and certain things we wanted to avoid, and we'd refer to Westminster as to where we had been and to Faith where we are now. For the last 19 or 20 yrs. I have rarely referred to Westminster seminary unless it some particular is in/relation to some present situation. But now we left Faith seminary and we started Biblical and in the last 6 mo. I have said Westminster Sem. more times probably than I previously did in the previous 10 yrs. I find that when I want to refer to where I was last yr. I find Westminster comes out instead of Faith. And it's a habit acquired 35 yrs. ago. forgotten all these yrs. and here it is. When I refer to this school, half the time I say Faith instead of Biblical and when I refer to where I was half the time I say Westminster instead of saying Faith. I know better but it is a habit, and habits are very very hard to break. So how important it is when we are young to get the habits that we won't want to break; to get the habits that we will keep up. This is very important about the matter I spoke of a few minutes ago, about speaking with the diaphram/, about speaking with the open throat, about speaking with variety.

I conducted some courses in public speaking some yrs. ago and I stressed in the class the importance of variety of volume. Some people yell all the time and some people whisper all the time, and we need to go up and down and have them both. The importance of variety of pitch. Most people are on monotone. They are up here all the time or down here all the time but they don't change. And variety of speed. Some people go along rapidly and some people go slowly, but if you get variety you hold attention and you're many times more effective. I stressed/these 3 types of a variety, and in the class I stressed them, and some of those students would come into class and they'd have all 3 varieties excellently in the talks they would give in g class. But then I'd hear them preach somewhere else and they would not have any variety. All the same volume. All the same pitch. All the same speed. It isn't enought to learn these things. We need to get them as habits. We need to get them so that they continue with us, so that they become automatic. We need to acquire needed skills and needed habits. It is really amazing how miserable the voice lovely of most people sounds. Some people have a most mellodious voice. But most of us -- our voices are harsh, they are unpleasant in some way or another and we don't want to change