

In most cases you could accomplish far more than you do. We've had students who have done a tremendous amount of work to support themselves and have done a tremendous ~~XXXXXXX~~ amount of study. I've wondered how they got through. I could not get along on the amount of sleep that some of them have done. Yet they come through gloriously! Wonderful if you can do it. Don't be lazy and fail to do what you can. But find what your strength is and don't go beyond it. Learn to know yourself. God says he has searched and known you. He knows all about you. God to Him in prayer and ask Him to help you to learn to understand yourself and to see how you can take this machine God has given you -- our bodies are only a machine. It's like an animal. It has certain features there which you've inherited from your parents, certain features which you've derived from your environment. One of us has more ability in this line, another more ability in that line. One was born with certain advantages, another with certain disadvantages. God knows all about that and He has a good purpose in it all.

But He wants us to learn how to utilize what He has given us for the utmost for Him.

Then the third which is closely related to ~~XX~~ this fourth objective I'd like to mention is closely related to the third. ~~EEEE~~ At first it sounds very different, but it isn't. The fourth objective I would urge you to take as a goal for the semester and something to think about your whole life: Learn to understand others and to communicate with them.

It is strange how much difference the method of presenting something makes. Look at yourself and see what you do. You'd be surprised. Somebody said to me once, a man who had done quite a bit of dabbling in psychology, he said, You know you notice somebody criticize others a lot, usually it's for the very thing he is guilty of. Some but then I began to notice it. And the things that irritated me in other people, I found were the very things I was guilty of myself. I commend to you: Take the things that irritate you and then examine yourself and see if you do them. If you do something nice for somebody and they don't respond, they don't show appreciation you will probably get disgusted. Well, think of what others get. It is sad in recent years how often people fail to observe the little amenities of kindness when they do something for you of remembering ~~to~~ something they have done.

The other day my wife said to me, == I said, Here's a book I'd like to get, I'd love to read that book but I said it costs \$8 and I don't want to spend that much money for a book. I said, I won't get it. She said, I'll get it for you for a birthday present. She bought it for me a week ago. A couple of days ago I said to those who were working with me, I said, You know I did something last week that I rarely do, I said, I spent \$8 for a book and I'm just thrilled with reading it. My wife heard it and said to me a couple of days later, She said, Here I gave you a book and you said, I spent \$8 for it! Well, I've thanked her quickly now. I hope I've made up for it.