

it up and he would eat it. He did not eat much food unless the hermits in the desert he was very very ascetic. But enough to keep living for over thirty years and that is all, You could not do that in the West Because the climate is too bad, but in the East where Monasticism began it was easy for it to start because of the even climate and it was comparable seldom very cold and it was possible to live without material things. (question) Yes it is inferior. And he had a great influence on his time. Well now Athanasius you remember wrote a letter to St. Anthony and he saw the wickedness of the people and in the curst and in the cities and all were seeking for personal and physical pleasure in everyting and going to the extremes in all lust of the flesh but he himself was not a monk but one who devoted himself to studying the word of God and was a wonderful administrator in the Alexandria and one fo the great figures of early church history . He so much admired that people would ~~come~~ turn their back on everyting that would give them pleasure to the ordinary physical needs. That he wrote the most things about St. Anthony and he lead many others to become monks. And in the West when fled fom the east to the West, Augustine you remember turned his into a monastery he made no rule for anybody to come that wanted to , he wanted the Word of God , apart from the pleasures of life , he did not going in for heavy fasting in that way, amny of the others did , living temperately in all things he desired to have you come. Monasteries became established / and there were many of them in the West . When Patrick went into Ireland one of the things he did was to get men to come apart form the world , live together and study the word and try to be what But there was nothing that was crystalized and definite and it was moreless and individual matter

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and that is due to a man named Benedict . And this man named Benedict is one who had a tremendous influence on the history all through the middle ages. Not so much by his view as by his organization. He got so ~~discussed~~ discussed at the corrupt life of Rome that he thought felt that the whole civilization was going to absolute ruin. There was somuch wickedness and licentiousness and