

"Grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption. Let all bitterness be put away from you." Eph. 4:30,31.

Hidden bitterness, hidden deep within the soul, is a far more fruitful cause of spiritual defeat and powerlessness in the lives of Christians than we have any idea. It smoulders there for years on end - bitterness. A wrong ~~was~~ done you, either real or fancied, and instead of committing it to God, you have allowed it to lodge in your heart and fester. By such undisciplined emotions we grieve the Holy Spirit. P. S. Rees

Above such scenes of storm and strife there spreads a region fair, where we can live a higher life, and breathe the heavenly air.